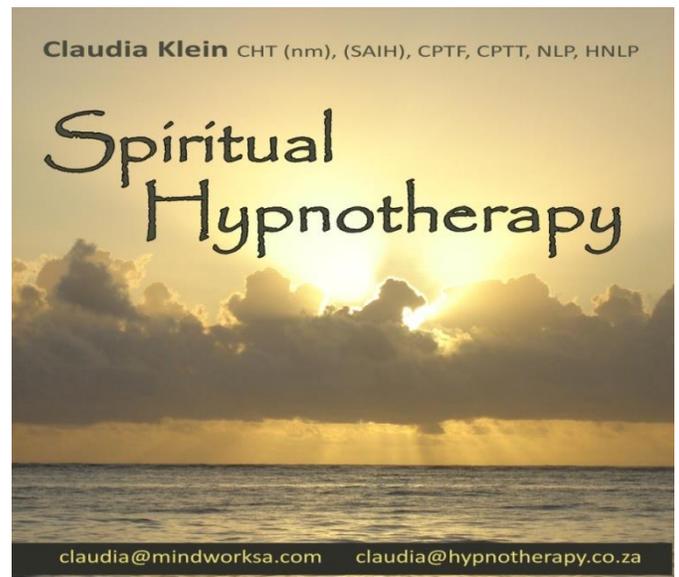


Thank you for contacting me and your interest in Spiritual Therapy.

I have observed and assisted clients solving their issues and have read probably as many case studies of my students for almost 15 years. I come more and more to the understanding that many of the conditions, perhaps even those which are medically diagnosed and treated are actually difficult stages of a personal transformation and could be a sign of spiritual opening. It seems to me that many of the "issues" can be mere manifestations of much more complex, deeply entrenched and oftentimes subconscious disharmonies.



Also, the experience of "feeling disconnected", sensing an "emptiness" or that there "should be more to life" than the materialistic orientation we live in, is driving people to search for help through various including alternative means. Oftentimes non-ordinary states of consciousness are part of the effort to bring relief and/or healing. Hypnosis offers a natural shortcut to most of these practices.

Awareness, understanding, appreciation and successful solving and integration of our predicaments allow for some symptoms to diminish or disappear completely, as if their were created to give us a wakeup call. The same is true when we are in alignment with our truth or purpose. We improve on many levels and feel an overall renewed enthusiasm for life which empowers us to make amendments and changes within our biology, thinking, habits and lifestyle and claim back our life force which is nourishing and gives meaning to human existence.

Spiritual Hypnotherapy may not be for everyone, but those who feel draw to it may be in for a very pleasant surprise indeed.

NUMBER OF SESSIONS:

SPIRITUAL THERAPY usually only requires one session if you have had prior positive experience with Hypnosis and reach trance levels with ease. If you a new to the natural state of Hypnosis we need a preparation session.

PREPARATION:

You need to write a summary of your motivation and intent for the session and send it to me at least 48 hrs prior to the first session (claudia@mindworks.com).

During the sessions we will aim to reach the deep levels of relaxation where a part of your mind is highly alert while another part allows full focus and concentration. Hypnosis is not sleep, although your body may feel incredibly relaxed. You will remain in full control and remember everything you wish to. Here is one of the better explanations on the web [How Hypnosis works](#)



LOCATION: [Mastermind Centre](#), 51 Hopley Rd, Table View, Western Cape

PRICING OF SESSIONS:

The duration of the SPIRITUAL THERAPY (session fee is R 1250.00) is scheduled for about 2 hours to 2 ½ hrs. We discuss your motivation and intent and any questions you might have. A preparation session can be facilitated by my associate or any of my students or SAIH members. If you had experiences with another Hypnosis Practitioner this can serve as preparation as well, it would be excellent if you would give me permission to speak to this person about your session. Preparation sessions with me are charged at R 950 and will take a good hour.

Payment can be in cash or you can make online payment from my office (please note I do not accept cheques and I have no credit cards facilities). Please understand that I have to charge in full for sessions cancelled on the day.

On the day of your appointment(s) please be on time and allow sufficient time and ensure that you have some to yourself afterwards as often the insights and understandings can be quite profound and if you have an experience like this, you will surely want to ponder on it.

AFTER THE FINAL SESSION:

Within 24hours you need to write a summary of your experience, for your own good and for my client records. This is a very important and therapeutic task. A month after our appointments I would like you to do a similar action and summarize how this has manifested in your life, thought patterns, emotions, habits and possibly in your body as a physical or biochemical change (where applicable).

WORKSHOPS AND INFORMATION:

You might also consider joining us on the one day workshop SELF MASTERY THROUGH AUTO HYPNOSIS which will introduce you to techniques so that you can work on many aspects with yourself. When we understand how the mind works and how to take ourselves in and out of the natural state of hypnosis, we start to be in charge of our thoughts, emotions and subsequently our life. Aspects like stress release, relaxation, mind focusing, concentration, improving sleeping patterns, etc are easily improved by practicing Self Hypnosis. [Click here for a direct link to the website info](#)

You might also be interested to have a look at the site of the SA Institute of Hypnotism [The South African Institute of Hypnotism](#) and learn about the SELF MASTERY course: [Introduction to Self Mastery](#)

Please do not hesitate to contact me with any other questions or queries you might have.

Let the healing begin - I look forward to your response

Caudia Klein



Follow this link to the TV interview on Hypnotherapy [Claudia: Sista Hood Interview, 21 June 2010 - eTv Past Life Regression Session](#)

or enter "Claudia Klein" on YOUTUBE for other interesting videos

PS: Because I am managing the South African Institute of Hypnotism, teach Hypnotherapy at our Mastermind Training Centers in Cape Town and in Johannesburg and engage in other lectures and activities related to Hypnosis practices my time is limited to see clients. I attempt to concentrate on those really "difficult" cases, where due to my experience, we maybe have a faster chance to see you through. I work closely with my associate Bianca Roffler, who is one of my former students and we work from the same premises. Her rates are substantially lower than mine. Should my diary not allow an appointment within your preferred timeframe or for straightforward smoking cessations, working with young children or other less complicated issues I may suggest that you see her. Should neither option be to your liking you will find all my colleagues, (many of which I was involved to train) on [Find a Therapist in the Western Cape on the SAIH website](#).



Please consider the environment before printing this email

BIO: CLAUDIA KLEIN CHT (non-medical) ,**CPTT, CPTF, HNLP, NLP**

Claudia Klein is an expert hypnosis practitioner and the owner and principal hypnotherapy instructor at the South African Institute of Hypnotism (SAIH) and the Mastermind Training Centers in Cape Town and Johannesburg, which are accredited by the International Medical and Dental Hypnotherapy Association (USA) and the UK-based APHP (The Association for Professional Hypnosis and Psychotherapy).

She is an international speaker, facilitates workshops and maintains her private practice in Cape Town where she works with individuals and groups. She has featured in various magazines, talk radio stations and television.

She has been involved in the field of Hypnosis and Hypnotherapy for 15 years and understands many of the challenges people face and is completely dedicated to bring understanding, self empowerment and lasting positive change to enrich people's life.

Her range of Hypnosis CDs, downloads and relevant merchandise are available through www.mindworksa.com.

"I absolutely believe that each one of us has all resources to deal with our issues. People need to be empowered to start believing this for themselves. When they do, changes are sometimes short of miracles."

CONTACT DETAILS:

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Claudia Klein

